

A Study on Socio-economic Status and Livelihood Activities of French bean (*Phaseolus vulgaris L.*) Growers in Nagaland

Mr Benjingtoshi¹ and N. K. Patra²

¹Research Scholar,

²Assistant Professor, Department of Agricultural Extension,
SASRD, Nagaland University, Medziphema,
Nagaland-797106.

E-mail: toshi.imchent@gmail.com, andnk_patra08@yahoo.in

Abstract—French Bean (*Phaseolus vulgaris L.*) is also known as kidney bean, or red bean are named for their visual resemblance in shape and colour to kidneys. The food value of French bean is excellent, and about 100 grams of boiled French beans contain 140 calories, 5.7 grams of protein, and 9.0 grams of fat and nearly, 17.8 grams of carbohydrate. It is a highly profit-making crop in Nagaland and North Eastern Hill Region of India. This paper is an attempt to explore the socio-economic and livelihood features of French bean growers as well as the contribution of French bean in the livelihood of growers. In this study, 240 experienced French bean growers of Tuensang and Kiphire districts of Nagaland were purposively selected as respondents. The personal interview of respondents was conducted with the help of a structured interview schedule. All-important socio-economic and livelihood features viz. age, gender, educational status, experience in French bean cultivation, size of land holdings, annual income, income from French bean, agricultural income, material possession, extension contact, mass media contact, access of market channel, migration pattern, accessibility of villages under study, availability of basic facilities, various activities for livelihood were included for the study. It emerged that 80 per cent of respondents had education up to primary level, extension support and sources of information were in a pitiable state, 61 per cent had an annual income below ₹70,000/-, the contribution of French bean in annual income was remarkable, and respondents are continuing large numbers of activities for their livelihood.

Keywords: French bean, Socio-economic, livelihood, Income, Extension contact.